**Smart Start Questionnaire**

|  |  |
| --- | --- |
| 1. **ID number:** \_\_\_\_\_\_\_\_\_\_\_\_\_ *(Pre-filled by Researcher*)
 | 1. **Location:**\_\_\_\_\_\_\_\_\_\_\_\_\_ *(Pre-filled by Researcher)*
 |
| 1. **Researcher M**
* S U M
* U M
* A M
* O M
* S O M
 | 1. **Researcher W**
* S U W
* U W
* A W
* O W
* S O W
 |
| *Please read each item carefully and select the answer that best describes you. Please do not spend too long on any one item.* |
| 1. **What is your gender?**
* Female
* Male
 | 1. **How old are you?**

**\_\_\_\_\_\_\_\_\_\_\_\_** |
| 1. **How did you arrive in town tonight?**
* Bus
* Train
* Car
* Walked
* Motorcycle
* Other
 | 1. **What do you think you will blow in a breath test? (for reference: the legal limit to drive is 0.05 BAC)**

**0.\_\_\_\_\_\_\_\_\_\_\_\_\_BAC** |
| 1. **Do you agree to be breathalysed for alcohol by the researcher?**
* **Yes**
* **No**
 | 1. **Did you drink alcohol before coming out tonight?**
* Yes
* No *(If no, please go to question 15)*
 |
| 1. **When was your last drink? (E.g., 30 minutes ago)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | 1. **Please estimate how much you have drunk so far in standard drinks? (E.g., 1 standard drink)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| 1. **How drunk do you feel?**
* Not at all drunk
* Not very drunk
* Somewhat drunk
* Drunk
* Very drunk
 | 1. **What are your reasons for drinking alcohol before coming out tonight?**
* To save money
* To socialise with friends
* To feel more comfortable/relaxed
* To increase confidence
* To get as drunk as possible
* Other
 |
| 1. **Did you have any drugs before coming out tonight?**
* Yes
* No *(If no, please go to question 20)*
 | 1. **When did you last take drugs tonight? (E.g., 30 minutes ago)**

 **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| 1. **What have you taken?**
* Cannabis
* Amphetamines (e.g., ice, dexies, etc.)
* Ecstasy (MDMA)
* Benzodiazepines (e.g., valium)
* Heroin
* Cocaine
* Other
 | 1. **How affected do you feel?**
* Not at all affected
* Not very affected
* Somewhat affected
* Affected
* Very affected
 |
| 1. **What are your reasons for taking drugs before coming out tonight?**
* To save money
* Pressure from friends
* To socialise with friends
* To feel more comfortable/relaxed
* To increase confidence
* To get as high as possible
* Other
 | 1. **Have you mixed energy drinks with alcohol before coming out tonight?**
* Yes
* No (*If no, please go to question 24*)
 |
| 1. **When did you last mix energy drinks with alcohol tonight? (E.g., 30 minutes ago)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | 1. **What energy drinks have you mixed with alcohol tonight?**
* Red Bull
* V
* Mother
* Monster
* Rock star
* Other
 |
| 1. **What are your reasons for mixing energy drinks with alcohol before coming out tonight?**
* Because it tastes good
* To increase energy
* To increase my high
* Other
 | 1. **If you drank alcohol, took drugs, or mixed energy drinks with alcohol, where did you do this?**
* Suburban pub
* My house
* Friend’s house
* Hotel/Motel/Hostel
* Car park
* Train station
* Other
* None (I didn’t drink, take drugs, or mix)
 |
| 1. **What suburb did you drink alcohol, take drugs, or mix energy drinks with alcohol in? (Answer None to this question if you did not)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | 1. **Are you planning on continuing your evening in the nearby pubs, bars, and clubs?**
* Yes
* No
* Maybe, not sure
 |
| 1. **Do you plan to continue drinking, taking drugs, or mixing energy drinks with alcohol whilst you are out tonight?**
* Yes (please circle all applicable):

Alcohol Drugs Energy* No
* Maybe
* I don’t know
 | 1. **Have you ever suffered any negative effects (e.g., feeling sick, black-outs) on nights when you have drank alcohol, taken drugs, or mixed energy drinks before going out?**
* Never
* Rarely
* Sometimes
* Often
* Always
 |
| 1. **Do you think your physique is:**
* Severely under-muscled
* Under-muscled
* Just right
* Over-muscled
* Severely over-muscled
 | 1. **Do you ever use non-prescribed steroids (i.e., for body sculpting, muscle growth, fitness, etc.)?**
* Never
* Rarely
* Sometimes
* Often
* Always
 |
| 1. **Not counting muscle, do you think your physique is:**
* Severely under-weight
* Under-weight
* Just right
* Over-weight
* Severely over-weight
 |  |
| 1. **Whilst being out in the town / the valley, please rate how often you have:**
 |
|  | **Never** | **Once** | **A few times** | **Frequently** | **Nearly Always** |
| 1. Been hit
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Hit someone
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Been scared
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Had a great night
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Woken-up with a stranger
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Woken up and not remembered the night before
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Used police assistance
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |
| 1. Wanted police assistance when there wasn’t any available
 | **🞏** | **🞏** | **🞏** | **🞏** | **🞏** |

**Thank you!**