**Smart Start Questionnaire**

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| --- | --- | --- | --- | --- | --- | --- |
| 1. **ID number:** \_\_\_\_\_\_\_\_\_\_\_\_\_ *(Pre-filled by Researcher*) | | | 1. **Location:**\_\_\_\_\_\_\_\_\_\_\_\_\_ *(Pre-filled by Researcher)* | | | |
| 1. **Researcher M**  * S U M * U M * A M * O M * S O M | | | 1. **Researcher W**  * S U W * U W * A W * O W * S O W | | | |
| *Please read each item carefully and select the answer that best describes you. Please do not spend too long on any one item.* | | | | | | |
| 1. **What is your gender?**  * Female * Male | | | 1. **How old are you?**   **\_\_\_\_\_\_\_\_\_\_\_\_** | | | |
| 1. **How did you arrive in town tonight?**  * Bus * Train * Car * Walked * Motorcycle * Other | | | 1. **What do you think you will blow in a breath test? (for reference: the legal limit to drive is 0.05 BAC)**   **0.\_\_\_\_\_\_\_\_\_\_\_\_\_BAC** | | | |
| 1. **Do you agree to be breathalysed for alcohol by the researcher?**  * **Yes** * **No** | | | 1. **Did you drink alcohol before coming out tonight?**  * Yes * No *(If no, please go to question 15)* | | | |
| 1. **When was your last drink? (E.g., 30 minutes ago)**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | 1. **Please estimate how much you have drunk so far in standard drinks? (E.g., 1 standard drink)**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | |
| 1. **How drunk do you feel?**  * Not at all drunk * Not very drunk * Somewhat drunk * Drunk * Very drunk | | | 1. **What are your reasons for drinking alcohol before coming out tonight?**  * To save money * To socialise with friends * To feel more comfortable/relaxed * To increase confidence * To get as drunk as possible * Other | | | |
| 1. **Did you have any drugs before coming out tonight?**  * Yes * No *(If no, please go to question 20)* | | | 1. **When did you last take drugs tonight? (E.g., 30 minutes ago)**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | |
| 1. **What have you taken?**  * Cannabis * Amphetamines (e.g., ice, dexies, etc.) * Ecstasy (MDMA) * Benzodiazepines (e.g., valium) * Heroin * Cocaine * Other | | | 1. **How affected do you feel?**  * Not at all affected * Not very affected * Somewhat affected * Affected * Very affected | | | |
| 1. **What are your reasons for taking drugs before coming out tonight?**  * To save money * Pressure from friends * To socialise with friends * To feel more comfortable/relaxed * To increase confidence * To get as high as possible * Other | | | 1. **Have you mixed energy drinks with alcohol before coming out tonight?**  * Yes * No (*If no, please go to question 24*) | | | |
| 1. **When did you last mix energy drinks with alcohol tonight? (E.g., 30 minutes ago)**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | 1. **What energy drinks have you mixed with alcohol tonight?**  * Red Bull * V * Mother * Monster * Rock star * Other | | | |
| 1. **What are your reasons for mixing energy drinks with alcohol before coming out tonight?**  * Because it tastes good * To increase energy * To increase my high * Other | | | 1. **If you drank alcohol, took drugs, or mixed energy drinks with alcohol, where did you do this?**  * Suburban pub * My house * Friend’s house * Hotel/Motel/Hostel * Car park * Train station * Other * None (I didn’t drink, take drugs, or mix) | | | |
| 1. **What suburb did you drink alcohol, take drugs, or mix energy drinks with alcohol in? (Answer None to this question if you did not)**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | 1. **Are you planning on continuing your evening in the nearby pubs, bars, and clubs?**  * Yes * No * Maybe, not sure | | | |
| 1. **Do you plan to continue drinking, taking drugs, or mixing energy drinks with alcohol whilst you are out tonight?**  * Yes (please circle all applicable):   Alcohol Drugs Energy   * No * Maybe * I don’t know | | | 1. **Have you ever suffered any negative effects (e.g., feeling sick, black-outs) on nights when you have drank alcohol, taken drugs, or mixed energy drinks before going out?**  * Never * Rarely * Sometimes * Often * Always | | | |
| 1. **Do you think your physique is:**  * Severely under-muscled * Under-muscled * Just right * Over-muscled * Severely over-muscled | | | 1. **Do you ever use non-prescribed steroids (i.e., for body sculpting, muscle growth, fitness, etc.)?**  * Never * Rarely * Sometimes * Often * Always | | | |
| 1. **Not counting muscle, do you think your physique is:**  * Severely under-weight * Under-weight * Just right * Over-weight * Severely over-weight | | |  | | | |
| 1. **Whilst being out in the town / the valley, please rate how often you have:** | | | | | | |
|  | **Never** | **Once** | | **A few times** | **Frequently** | **Nearly Always** |
| 1. Been hit | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Hit someone | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Been scared | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Had a great night | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Woken-up with a stranger | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Woken up and not remembered the night before | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Used police assistance | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |
| 1. Wanted police assistance when there wasn’t any available | **🞏** | **🞏** | | **🞏** | **🞏** | **🞏** |

**Thank you!**